

How are you doing? We wish this finds you and your family doing well.

For over 12 years, the Acupuncture and Herb Clinic has been committed to the mission of providing excellent and compassionate holistic health care to our patients. In the midst of the COVID-19 ("coronavirus") pandemic, we remain committed to this mission, and we have taken steps to maximize the safety of our patients and employees while still providing our best care to those in need. Therefore, our clinic will resume treatments on Tuesday, May 12<sup>th</sup>, with limited appointments and new guidelines.

Please check our COVID-19 update page on our website for more information <http://www.herbandacupuncture.com/covid19.pdf> , or call us at (703) 297-5993

We will also be taking extra protective measures to ensure the safety of our patients and staff in accordance with CDC guidelines by:

- ❖ Avoiding congestion in our waiting rooms and keeping our patient appointments appropriately spaced, to follow "social distancing" policy. Upon arrival, patients will be directed immediately into treatment rooms. Please try to be on time, we recommend you stay in your car if you come earlier than your time.
- ❖ Providing disinfectant wipes and hand sanitizers. Constantly disinfecting common areas and contact surfaces.
- ❖ Practitioners and staff will wear protective masks, face shield, and gloves.
- ❖ Using disposable paper sheets and disposable cover sheets for each patient.
- ❖ Treatment tables and other surfaces will be sanitized after each patient.
- ❖ All patients who come to our office have to wear protective masks before entering our facility.

If you are experiencing a cough, fever or other flu-like symptoms, we urge you to not to come to our office and call your primary care physician or your local emergency department.

In addition, please call ahead before coming to Acupuncture and Herb Clinic if you have any of the following:

- Cough, fever or other flu-like symptoms
- Exposure to another person with these symptoms
- Exposure to someone confirmed to have COVID-19

If you are experiencing any concerns with your health and need our help, we are available now, and we will continue to be available after the COVID-19 pandemic has passed. Please call us at (703) 297-5993 and we will help you find the best possible solution to your health problem.

Sincerely,

Tuan Anh Nguyen and Thuc-Dan Nguyen